A Length

Place the end of the tape beside the collar at the top of the tee (Highest Point Shoulder). Pull the tape measure to the bottom of the shirt.

B Chest

Measure yourself around the fullest part of your chest. Keep the tape measure horizontal.

C Sleeve length

Place the end of the tape at the center back of the collar, then pull the tape measure along the top seam of the sleeve. When you get to the shoulder hold the tape in place at the shoulder and continue to pull down the sleeve until you reach the hem of the sleeve.

Inches   Centimeters

SIZE	LENGTH	CHEST	SLEEVE LENGTH
S	26	34	18
M	28	38	19
L	30	42	20
XL	31	46	22
2XL	32	50	23

Inches **Centimeters**

SIZE	LENGTH	CHEST	SLEEVE LENGTH
S	66	86.4	45.7
M	71.1	96.5	48.3
L	76.2	106.7	50.8
XL	78.7	116.8	55.9
2XL	81.3	127	58.4

A Length

Place the end of a measuring tape beside the collar at the top of the tee (high point shoulder). Pull the tape to the bottom of the shirt.

B Chest

Measure yourself around the fullest part of your chest. Keep the measuring tape horizontal.

Inches   Centimeters

SIZE	LENGTH	CHEST	SLEEVE LENGTH
S	26	34 - 36	34 1/2
M	27	38 - 40	35 1/4
L	28	42 - 44	36
XL	29	46 - 48	36 3/4
2XL	30	50 - 52	37 1/2

Inches **Centimeters**

SIZE	LENGTH	CHEST	SLEEVE LENGTH
S	66	86.4 - 91.4	86.4
M	68.6	96.5 - 101.6	89
L	71.1	106.7 - 111.8	91.4
XL	73.7	116.8 - 122	91.4
2XL	76.2	127 - 132	94